## Appendix 2: Guidance for Contract (to be completed 7 days (minimum) prior to placement)

1. Carer's first point of call in crisis should be the child's social worker or supervising SW.

But there will be times when neither is available and carers should know who to contact in this scenario. Team Manager (Knowledge of case is vital) Practice Supervisor

Consider what out of hours support can be offered – emergency duty team?

- 2. It is important that the Child's Social Worker provides clear reasons for the purpose of parent and baby placement.
- 3. Placement period can be for a maximum of 14 weeks duration and if necessary 2 weeks outreach support programme by foster carer (following end of placement) potential maximum total of 16 week assessment period
- 4. It is essential that the parent understands why they are being asked to commit to living in a foster home with their child and that they have been informed of the potential outcomes.
- 5. Check parent has read and agreed synopsis of expectations. Following can be commented/included:
  - Use of TV, computer or phone?
  - Retire to bed no later than 11.30pm
  - Parent to be up by 7.30am to work with carers current household routine
  - Babysitting to be agreed
  - Time out daily, weekend
  - Household tasks? (vacuuming lounge 1 x week etc.)
  - Cooking?
  - Changing bedclothes weekly/fortnightly?
  - To attend family centre days?
  - Use of mobile phone(restrictions to evening whilst baby sleeps)
- 6. Is parent entitled to their own income?
  - Expectation of contribution from parent to carer? (milk tokens, baby clothes)
  - How will expenses be managed (parent and carer buy shopping together)
  - Who will monitor what items are needed (nappies, milk, toiletries so they don't run out)
- 7. Is parent clear of their role and responsibility?
  - Does parent want separate food cupboard in kitchen?
  - Are there any classes/activities parent regularly attends?

- 8. Baby alarm needed?
  - Babysitting / time out?
  - How will parent get to and from family centre appointments?
  - Should baby be with parent at all assessments/Health appointments?
  - Agreement needed by foster carer as to caring for baby whilst parent attends such appointments
  - Unsupervised time?
  - Guidance if parent leaves with baby without notice/agreement?
- 9. Contact with identified family and specified friends frequency with or without baby. Another available parent (contact supervised or unsupervised)
  - Any identified individuals who must not have contact?
- 10. Any known on-going medications (storage of)
  - Pre-arranged health appointments?
  - Any health needs to be considered?
  - Dental/eye appointments or needed?
- 11. Medications, appointments
- 12. Is there particular need to look at routine/budgeting with parent?
  - Specific recordings
  - Provide clean linen/towels on weekly basis
  - Provide cleaning materials and equipment so parent can keep agreed areas clean and tidy
  - Will carer be available during labour/childbirth, postnatal appointments?
- 13. Views from Guardian
- 14. Each parent and child need to have needs recognised and these should be valued and promoted.
- 15. Are there any specific services needed to be accessed, cultural. Ethnic, religious, gender, sexuality, language or disability can be recorded in this section.